

*Mamalilikulla First Nation Mission Statement: Working together to build a strong, proud, healthy, informed, and respectful Mamalilikulla community to meet the needs of our people together*

# MAMALILIKULLA FIRST NATION

*In order to create a strong, self-sufficient and independent Mamalilikulla Nation, we seek opportunities to bring our community together and build capacity amongst members through joint interest of our land, language, and culture*



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## Back to School Supply

Parents of band member students in grades K to 12 can be supplemented for costs related to returning to school. Costs include school supplies, back packs, gym shoes, and lunch boxes. Parents/guardians may receive a once yearly supplement of up to \$150.00 per child. To receive this supplement, parents must complete the Student School Supply Supplement Application form. Click on the link for the form or contact the band office to pick one up.





## Give thanks for the month:

1. Gratitude Journaling
2. Giving Back to the Community
3. Family Gatherings
4. Ceremonies and Offerings
5. Acts of Kindness
6. Charitable Donations
7. Spreading Positive Vibes
8. Thank You Notes
9. Reflection and Meditation
10. Enjoying Nature
11. Supporting Local Businesses

# Welcome to July!

Summer is in full swing, and July brings with it a host of exciting opportunities and festivities. As the sun shines brightly upon us, let's embrace the joyous spirit of this vibrant month and make the most of every moment.

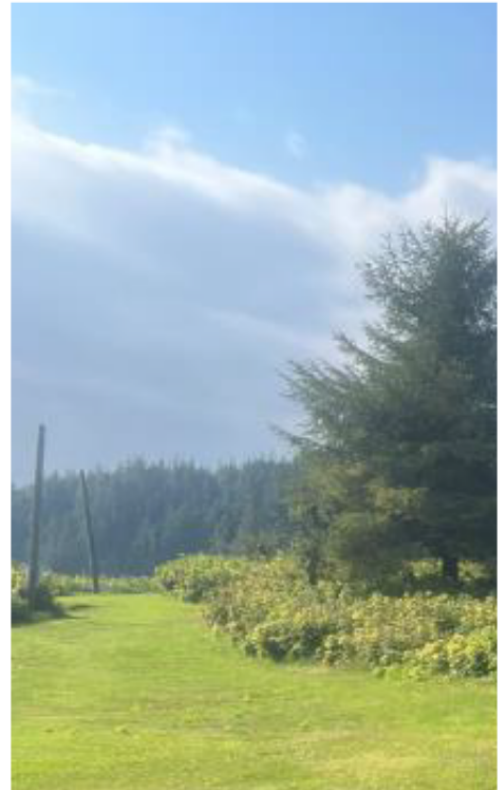
In July, the possibilities for adventure are endless. Discover hidden hiking trails that wind through breathtaking landscapes, where you can witness the beauty of nature up close. Dive into crystal-clear lakes and rivers, seeking refuge from the summer heat and immersing yourself in the serenity of the water.

This month, we invite you to savour the flavours of summer. Explore local farmers' markets bursting with vibrant fruits and vegetables. Indulge in the juiciness of ripe watermelons, the sweetness of sun-ripened berries, and the crispness of garden-fresh salads. Let your taste buds embark on a journey of seasonal delights, savouring every bite.

As the sun sets, July evenings offer enchanting opportunities for stargazing. Lay back on a blanket, surrounded by loved ones, as you marvel at the celestial wonders that light up the night sky. Feel the sense of wonder and connectedness to the universe that our ancestors cherished, passing down stories and traditions under the same moon.

So, as we embark on this journey through July, let's seize the opportunities that lie ahead. Let's embrace the beauty of nature and create cherished memories.

*Twyla Edmonds*





## Gathering with Our Children

**Monday, July 10th, 2023**

As the day draws to a close amidst the awe-inspiring beauty of a Mamalilikulla First Nation gathering full of warmth and significance is on the horizon. Members were cordially invited to the "Gathering with our children," a celebration that transcends time and embraces the essence of community and culture.

At 4:30 pm, the doors opened, and we extended a warm invitation to celebrate cultural traditions that come together in harmony and unity. Delight in a sumptuous dinner at 5:30 pm, thoughtfully prepared to nourish both body and soul while immersing yourself in the shared unity that binds the MFN children with their community.

The evening's program commenced at 7 pm, as members paid homage to the sacred land that cradles this gathering, acknowledging the ancestral territory with deep respect. Chief John Powell, a guardian of tradition, graciously welcomed members, setting the tone for the festivities ahead. The esteemed Mamalilikulla Council then introduced themselves, showcasing their unwavering dedication to preserving Mamalilikulla First Nation's heritage.

Experienced the vibrant pulse of the Namwayut Group as they drum, sing, and dance, filling the night air with the echoes of generations past and future. Their performance weaves a beautiful tapestry of culture that captures the essence of the history still alive today.

Among the most cherished moments of the evening was the heartwarming Children's Blanketing Ceremony. A beautiful sight to see the young members of the MFN being embraced by tradition, showcasing their importance and belonging to the community. The ceremony highlights the strong connections within the Mamalilikulla First Nation.





**Tuesday, July 11th, 2023**

As the sun gently rose, painting the sky with hues of orange and pink, a Day of Cultural Connection unfolded. The doors opened at 8:30 am, welcoming members to a day of discovery and learning, where the spirit of unity and shared heritage binds members together.

They embarked on this cultural journey with a delightful spread of breakfast snacks, tea, coffee, fruits, and muffins. Energized and eager, they explored an array of enriching activities.

From 10:30 am to 12:30 pm, They had the opportunity to participate in two transformative experiences. Discover the intricate art of BENTWOOD BOX & CARVING, led by the skilled hands of Richard Sumner, offering a glimpse into the cherished craftsmanship of the Mamalilikulla First Nation. They simultaneously explored into the profound teachings of cedar, as Tsow-Tun Le Lum imparts their wisdom through CEDAR TEACHINGS.

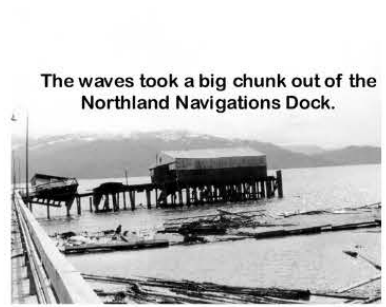
A delectable lunch at 12:30 pm that reinvigorated their spirits, providing an excellent opportunity to connect with others over shared conversations and laughter.

The afternoon continues with captivating experiences guided by Cory Cliffe of the 7 Generations Steward Society; they had the chance to create their very own DEVIL'S CLUB NECKLACE, symbolizing the interconnectedness of the natural world. Village Island comes alive with soulful narratives and captivating images shared by Mamalilikulla Elders, offering a mesmerizing glimpse into MFN history.

As the day draws to a close, linguistic heritage takes center stage as Mamalilikulla Elders introduce you to KWAK'WALA, the language that breathes life into MFN's cultural identity. Language is the heartbeat of any community, and this introduction exemplifies members' commitment to preserving their legacy.

In conclusion, Tasleem invited MFN children with their family members to "Gathering with our children," a warm embrace that fostered a sense of belonging and kindled the flames of tradition. This celebration of community and culture, with its feasting, singing, dancing, and engaging activities, underscores the profound connection that binds families, children, and caregivers alike. As the Mamalilikulla First Nation extended open arms to all who joined, members were invited to embark on a journey of enlightenment and appreciation for a heritage that stands as a beacon of strength, wisdom, and unity.

*Twyla Edmonds*



# In Loving Memory of Alvin Sewid

In 1975, while working with the Department of Fisheries and Oceans, I was assigned to a program at Kitimat, BC doing some salmonid sampling and tagging. We had two boats that we chartered from Vancouver. I was a Technician and Captain on one vessel, and a DFO biologist ran the other. We worked in various locations in Douglas Channel, and we would moor our boats at the Haisla Village wharf.

On the morning of April 27, 1975, a Tsunami event caused a lot of damage to boats, a couple of barges moored at Haisla Village Wharf and the wharf itself at the Kitimat waterfront. A barge, tied up at the waterfront, sailed up the flats and got stuck at the very end, high and dry. It is probably still there because everything dried up when the water receded.

Apparently, a submarine landslide across the channel triggered a large wave with a height of 8.2 m. The large waves did some damage by washing away wharf structures and sending boats onto the shore.

The boat I was running ended up on shore several times but always glided back into the water. We were lucky! The most destructive damage at Haisla Village was done by drift logs that came in like "torpedoes" riding on the waves and sailing over the top of the log breakwater. These logs surfed into the wharf area, and some ploughed right into the hulls of the boats, just like "torpedoes."

A profound sense of gratitude washed over us as the dust settled and the waves receded. Many people had been at the wharf site that morning in disbelief at what just happened, and the fact that no one was hurt felt like a small miracle. We stood there, still in awe of the magnitude of what had transpired, pondering the unexpected turn of events.





In the aftermath of the tsunami's fury, the wharf area was a scene of both chaos and resilience. Amidst the wreckage, there was a palpable sense of unity as everyone came together, driven by the shared goal of salvaging what they could. The collective effort was a testament to the strength of community spirit and human compassion.

As we worked tirelessly to mend the damage, I couldn't help but reflect on the profound force of nature we had witnessed. The image of that stranded barge served as a haunting reminder of how swiftly the elements could upend life.

In the days that followed, the village began its journey toward healing and rebuilding. The scars left by the tsunami would gradually fade, but the memories of that fateful day would forever remain etched in our hearts.

Looking back now, I realize that the experience also left an indelible mark on me. It taught me to appreciate the fragile balance between man and nature and the resilience that lies within us when faced with the unexpected.

As I recall those events, it feels like a lifetime ago, yet the memories are as vivid as ever. The story of the tsunami at Haisla Village remains a testament to the unpredictable nature of our world and the importance of cherishing each moment, for we never know what the next tide may bring.

And so, life carried on, but the lessons learned that day continued to shape our lives, serving as a constant reminder of the strength that can be found in coming together during times of crisis.

**Alvin Sewid**



# MFN SURVEY FORM



**If you were not at MFN Band meeting on June 17th, please fill this out and send to [mae@mamalilikulla.ca](mailto:mae@mamalilikulla.ca). Please fill out by **August 1, 2023**. Your voice is important! Gilakasla**

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Question 1: Where are you currently living? Please tell us what town or city you live in?

Question 2: Are there any gaps in the Health Services you are currently receiving?  
if yes, please provide those gaps.

- 
- 

Question 3: Would you like to see regional Health Services in these areas; Port Hardy, Alert Bay, Campbell River, Nanaimo, Victoria, Vancouver and Surrey?

- 

Question 4: Are you currently receiving services from Laichwiltach Health Society (formally KDC)?

If yes, would you like to continue those services?

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Question 5:: If we were able to support improved access to Health Services in Port Hardy, Alert Bay, Campbell River, Nanaimo, Victoria, Vancouver, Surrey, are there specific providers you would recommend us to connect with?

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- 

Thank you for taking the time to support our members.  
Gilakasla

Name

*November 18, 2023*

**Save  
the  
date**

*Annual General Meeting*

**EAGLES HALL**

*1999 14 Ave, Campbell River, BC V9W 4J2*

# Discovering Kwakwala

1. **What does the word "ḁm" mean in English?**
  - a. Yes
  - b. No
  - c. Maybe
2. **How would you say "What is your name?" in Kwakwala?**
  - a. ḁm
  - b. ḁngwaxtḁs
  - c. dḁḁḁlatḁḁ
3. **Which Kwakwala word means "speaking the chinook language"?**
  - a. dzḁḁḁkḁwala
  - b. ḁḁḁ'ulakḁwala
  - c. kwakḁwala'enuḁw
4. **"Be quiet!" in Kwakwala is:**
  - a. hutḁlḁḁ
  - b. kḁwiḁ'ida's
  - c. salḁm
5. **What is the translation of "singing, I will be" in Kwakwala?**
  - a. dḁḁḁlatḁḁ
  - b. dadḁḁḁ'a
  - c. gwasgḁḁmx'ida's
6. **What does the Kwakwala word "kḁḁḁḁḁtso" mean?**
  - a. someone who talks slow
  - b. a good or fluent Kwakwala speaker
  - c. talkative, chatterbox, talk too much
7. **Which Kwakwala word means "stop! quit!"?**
  - a. gwa's
  - b. hahasalala
  - c. ha's tḁ'lala
8. **How would you say "do you speak Kwakwala?" in Kwakwala?**
  - a. kwakḁwala'enuḁw'mas?
  - b. kwakḁwala'mas?
  - c. kwakḁwala'enuḁw
9. **What is the English translation of "tḁikḁwala"?**
  - a. lying, to lie
  - b. singing (to baby)
  - c. nice voice
10. **Which Kwakwala word means "pick up a fish"?**
  - a. gasxu'studaga
  - b. ḁawigal
  - c. kḁdzisa

We hope you find this language-focused section enjoyable and informative. Don't worry if you are uncertain about any of the answers; the goal is to learn and interact with the Kwakwala language. The correct answers will be provided in the next edition of the newsletter.

If you have any language-related inquiries or would like to participate in future language-focused sections, please don't hesitate to contact us. Let's collaborate to preserve and revitalize our exquisite Kwakwala language!



## Embracing the Outdoors: Exploring Nature's Beauty

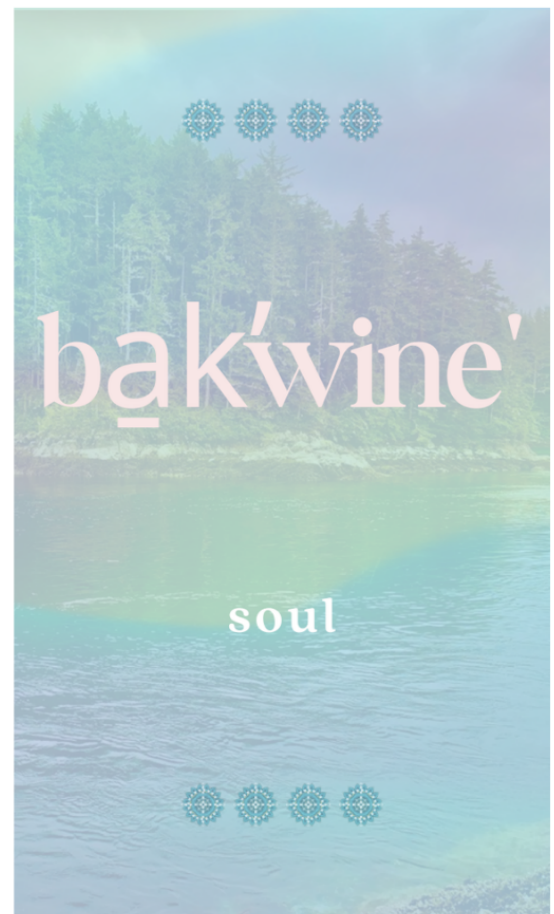
July is the perfect time to immerse ourselves in the wonders of nature and reconnect with the land that sustains us. Our region is blessed with breathtaking landscapes and hidden treasures waiting to be discovered. Here are some must-visit destinations for outdoor enthusiasts:

- **Majestic Mountain Trails:** Lace up your hiking boots and embark on an adventure through our scenic mountain trails. From gentle walks to challenging summit hikes, there's something for every level of explorer—Marvel at cascading waterfalls, ancient forests, and panoramic vistas that will leave you in awe.
- **Refreshing Water Escapes:** Beat the summer heat by plunging into the refreshing waters of our lakes and rivers. Take a leisurely canoe ride along tranquil waterways, or try your hand at paddleboarding. Remember to pack a picnic and enjoy a peaceful afternoon by the shore, basking in the serenity of nature.
- **Nature Reserves and Wildlife Sanctuaries:** Immerse yourself in our region's abundance of wildlife and biodiversity. Explore nature reserves and wildlife sanctuaries, where you can spot native birds, observe unique plant species, and learn about conservation efforts to protect our precious ecosystems.
- **Camping under Starry Skies:** Experience the magic of camping under a sky illuminated by stars. Pitch your tent at one of our scenic campgrounds and indulge in the simplicity of outdoor living. Gather around a crackling campfire, roast marshmallows, and share stories with loved ones, creating memories that will be cherished for years to come.

Remember, as you embark on your outdoor adventures, practicing responsible stewardship of the land is important. Let's leave no trace, respect the wildlife, and preserve the natural beauty for future generations.

### Ways to support your local community

1. Participate in Community Cleanups
2. Plant Trees and Native Plants
3. Volunteer for Park Maintenance
4. Advocate for Green Spaces
5. Organize Nature Walks or Hikes
6. Educate Others
7. Promote Eco-Friendly Activities
8. Support Local Conservation Organizations
9. Organize Outdoor Cleanup Challenges
10. Be a Responsible Pet Owner
11. Practice Water Conservation
12. Lead by Example





## Summer Events

July is a month filled with vibrant community events that bring us together in celebration and camaraderie. It's a time to connect with our neighbours, honour our traditions, and share in the joy of shared experiences. Check out some of the upcoming events:

1. 3rd Annual Indigenous Music Festival (July 28-29): A celebration of local Indigenous performers with a variety of genres from Folk, Rock, Country and Hip Hop. Performers will include Auntie Kate and the Uncles of Funk, Paint the Town Red and Nate Harris and many more Location: Hampton Park, Victoria, BC
2. Music in the Park - Brydon Park (August 1): Freeze Frame (80's Cover Tunes) August 1, 2023, 6 p.m. to 8 p.m. Brydon Park, End of Viewmonth Ave. Bring your picnic dinner and blanket. Face painting for kids Food available for purchase. The full schedule of bands [www.saanich.ca/concerts](http://www.saanich.ca/concerts)
3. Cultural Exchange Day (July 17-Aug 31): Fraser River Indigenous Society has planned even more events for Indigenous families this summer! Please email [ascd@frisociety.ca](mailto:ascd@frisociety.ca) to register.
4. Powwow's in BC to check out:
  - a. St'uxwtews Bonaparte Pow Wow, July 28-30, 2023; Cache Creek, BC
  - b. Lhoosk'uz Traditional Powwow, July 28-30, 2023; Quesnel, BC
  - c. Little Ravens Intertribal Pow Wow, August 4-6, 2023; Duncan, BC
  - d. 42nd Annual Kamloopa Powwow, August 4-6, 2023; Kamloops, BC
5. AUTHENTIC INDIGENOUS EXPERIENCES:
  - a. <https://www.indigenoussc.com/nemiah-valley-lodge>
  - b. <https://www.indigenoussc.com/homalco-wildlife-and-cultural-tours/>
  - c. <https://www.indigenoussc.com/moccasin-trails/>
  - d. <https://www.indigenoussc.com/klahoos-wilderness-resort/>
  - e. <https://www.indigenoussc.com/haida-style-expeditions/>
  - f. <https://www.indigenoussc.com/sea-wolf-adventures/>

Remember to mark these dates on your calendar and invite your family to join in the festivities. Let's strengthen bonds as a community, celebrate shared heritage, and create memories that will last a lifetime.



## Mamalilikulla First Nation

168-1436 Island Hwy., Campbell River BC V9W 8C9  
(ph) 250-287-2955 (fax) 250-287-4655 toll free 1-888-287-2955  
admin@mamalilikulla.ca

### STUDENT SCHOOL SUPPLY ALLOWANCE APPLICATION

STUDENT NAME	DATE OF BIRTH	BAND NO.	GRADE	SCHOOL	AMOUNT

TOTAL \_\_\_\_\_

**Receipts Attached: Yes / No**

**Parent/Guardian Signature** \_\_\_\_\_

Print Parent/Guardian Name: \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone #** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Payment Authorized By: \_\_\_\_\_

Dept Code: 8200-883