

Mamalilikulla First Nation Mission Statement

Working together to build a strong, proud, and healthy Mamalilikulla community.

MAMALILIKULLA FIRST NATION NEWSLETTER

September



2019

Our Vision for the future is to serve our community with respect, fairness transparency and accountability, promoting equality, prosperity and well-being while engaging and supporting our people; honouring our past, present and future generations and creating opportunity for a strong, self-sufficient sovereign Mamalilikulla Nation.

ATTENTION: BAND MEMBERS

Please notify the band office if you had a change in address and/or how you prefer to receive information from the office.

For example:

Paper newsletter, email, or phone. You may contact the office any of the

following ways.

reception@mamalilikulla.ca
Mamalilikulla First Nation
1441 B 16th Avenue,
Campbell River, BC V9W 2E4

Phone: (250) 287-2955

Fax: (250) 287-4655

Toll free: 1-888-287-2955





IT'S THAT TIME AGAIN!

School Supply Supplement

Grades K-12

Parents of band members with students in grade K to 12 can be supplemented for costs related to returning to school.

Costs Included school supplies, back packs, gym shoes, and

lunch boxes. Parents/guardians may receive a once yearly supplement of up to \$150.00 per child. To receive this supplement, parents must complete the student school supplement application form. Use the attached form or contact the office to pick one up.

Education Reminder!

There are thousands of education options after high school, whether you're upgrading skills, training for a career or enrolling in an academic program. Explore your options and never stop learning!

The MFN provides post-secondary education funding for both part-time and full-time students. Both receive funding for tuition, books and supplies.

Full-time students also receive a living allowance.



The MFN Post-Secondary Policies and Guidelines state that to be eligible for post-secondary

funding, an applicant must be:

- A registered member of the Mamalilikulla First Nation;
- A resident of Canada for the last 12 months registered in an accredited post-secondary institution in a program of study that is at least one academic year in length;
- Has grade 12 or equivalent as a prerequisite for admission, and
- Leads to a certificate, diploma or degree.



CHOSEN SPORT OR ACTIVITY ELIGIBILITY CRITERIA

Registration Fees:

Based on the availability of funds and completed application form, The Mamalilikulla First Nation will provide assisted funding for the chosen **sport or activities registration fees** up to a maximum of One Hundred and Fifty Dollars (\$150.00) **per youth, per calendar year (April 1 to March 31).**

Eligibility:

- Applicant must be a Mamalilikulla First Nation member;
- Applicant must be 18 years and under;
- An individual may apply for sponsorship to participate in a team sport or individual sport or activity;
- A parent or guardian will be expected to apply for sponsorship on behalf of all minors;
- Applicant and guardian will guarantee a commitment and be ready and willing to contribute to fundraising efforts, which will be indicated in the application for funding;
- All applications that meet the criteria will be considered.

All approved funding is based on available funding

Funding Criteria:

Eligible costs include:

- Registration fee(s); travel and accommodation for an individual applicant, or the Mamalilikulla First Nation members of a team.
- When possible; registration fees will be paid directly to the chosen sport or activity's organization.
- Original receipts must be provided for all sponsorship funds from the MFN, not providing receipts will impact your ability to access future sponsorship.

Applications:

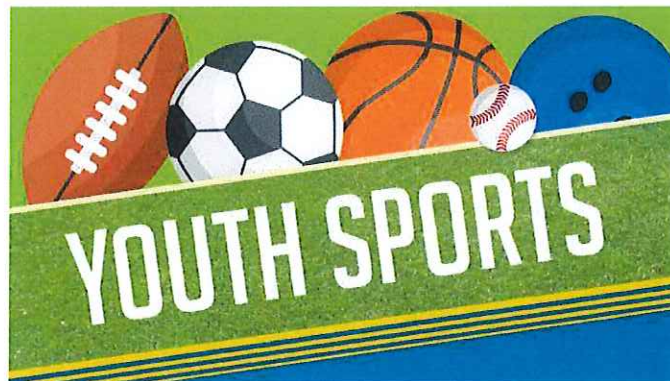
- Application forms must be filled out in complete detail; incomplete applications will not be considered.
- Receipts must be provided when seeking reimbursement.

APPLICANTS APPLYING FOR REIMBURSEMENT **WITHOUT** RECEIPTS WILL NOT BE APPROVED

- The MFN does not guarantee the full amount of the request. The amount, circumstances, and availability of funds will be taken into consideration.
- The MFN hold authority to table an application to request further information prior to a final decision.
- Each application is fully considered and discussed based on eligibility of the application and corresponding with the **Activity Funding Policy**.

THE DECISIONS OF THE MFN ARE FINAL.

Each application is fully considered and discussed based on eligibility of the application and corresponding with the **Youth Sport or Activity Funding Policy**.



MAMALILIKULLA FIRST NATION

**YOUTH CHOSEN SPORT OR ACTIVITY
FUNDING APPLICATION FORM**

Parent(s) Name:	Band Member: Yes ___ No ___
Phone Number:	Cell Number:
Email Address:	Current Address:
Name of Child:	Date of Birth: Band Member: Yes ___ No ___
Please tell the MFN about the activity you are seeking sponsorship for:	
Name of Activity:	
Date(s):	
Location:	
Previous involvement in this activity:	
Total cost of activity: \$ _____ Total Requested Amount: \$ _____	
Have you previously been sponsored by the MFN? Yes ___ No ___	
When:	For what activity:
Signature of Parent:	
Date:	

A Word From The Chief

With so much news to report, I will only be touching on and reporting on a couple of the important things happening within the Mamalilikulla First Nation. Firstly I would like to report, after a exhaustive search, we have found supports for our Nation in regards to MCFD. By being creative, along with Sasamans Society, Mamalilikulla First Nation Council, along with some grant money have interviewed and hired a part-time designate worker. Tasleem Mall will assist the Nation in our dealings with the Ministry of Children and Family Development. Tasleem has a Bachelor of Social Work Degree and works for Sasamans Society as an Aboriginal support worker. I am very grateful for her support and I would like to welcome Tasleem to the team and look forward to working with her to build a support network for our children and families.



Ocean Update

For the last year now, I and most recently Councilor Brad Puglas, have been involved in negotiations with the Fish Farm Industry to start a monitoring program. The program funded by industry will monitor the industry in a number of ways, and employ members of the Mamalilikulla First Nation, Kwikwasutinuxw Haxwa'mis First Nation, and Namgis First Nation. This negotiation and agreement is close to finalizing and will bring a certain amount of accountability to our nations.

Food Fish

Unfortunate to report, a poor fish year has provided no food fish. As it is getting late in the summer, we may only get pinks and chum if lucky for food fish for the Nation this year.

Word of the Month

ham'sgame *Pronunciation:* [hɑm's] (gɑ) (me'),



Definition(s): fish chasing another fish for food



Mamalilikulla First Nation

1441 B 16th Avenue, Campbell River BC V9W 2E4
(ph) 250-287-2955 (fax) 250-287-4655 toll free 1-888-287-2955
viband@mamalilikulla.ca

STUDENT SCHOOL SUPPLY ALLOWANCE APPLICATION

STUDENT NAME	DATE OF BIRTH	BAND NO.	GRADE	SCHOOL	AMOUNT

TOTAL _____

Receipts Attached: Yes / No

Parent/Guardian Signature _____

Address: _____

Phone # _____ Email: _____

Date: _____

Payment Authorized By: _____

Dept Code: ~~8000-000~~

8200-883



SCIS – SECURED CERTIFICATE OF INDIAN STATUS

The MFN band office will be offering assistance for those wishing to apply for the SCIS. Please contact Sonia at the band office to set up an appointment.

To apply for the SCIS you will need to provide the following:

- 2 passport photos
- One piece of Government issued ID that contains all 4 required features of **name, date of birth, photo and signature.**

Acceptable IDs:

- ✓ **BC Driver's Licence**
- ✓ **BC Provincial ID (BCID)**
- ✓ **BC Services Card with photo**
- ✓ **Combined BC Driver's Licence and Services Card**
- ✓ **Canadian Passport**

Stores that offer passport photos in Campbell River are:

- Shopper's Drug Mart on the Tye Plaza
- Staples at the Discovery Harbour Shopping Centre
- Photo-Tech Foto Source (beside the Royal Bank)
- The cost for the photos average around \$15.00

Gilakas'la

MIMKWAMLIS



Who is from Village Island?

What are your fondest memories living on Village Island?

When did your last family member live there?

Where did they visit around the island?

Why is it so great?

Did you visit Village Island?

LET US KNOW YOUR STORY!

What are your Fondest Memories Living/Visiting Village Island?

Please let us know by September 20th, 2019 and we may publish your story in our Village Island booklet. We will gladly accept your story at anytime, when you are ready to share your story please contact us for future projects to come.

Get in touch with Sharon Marshall to share your story. Reach out to any elders to ask to share their memories from their parents and great grandparents, or any adults and youth who may have visited Village Island and have memories to share.

Sharon Marshall

community.planner@mamalilikulla.ca

Phone: (250) 287-2955

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Forestry Department Update

We are excited about the opportunities we now have for the rehabilitation of the core territory of the Mamalilikulla First Nation; Village Island. We have signed a Disposition Agreement (agreement to partner with BC Timber Sales) to harvest 65,000 cu. meters of timber on Village Island. This is the same agreement we had with the Turner Island sale. The Nation will receive 94% of the auction price for the sale of the timber. Not only is the revenue important for this sale, but the rehabilitation of the forest on Village Island is priority.

Approximately 80 years ago, a massive fire on Village Island resulted in a negative impact on the trees' health. Many hemlocks trees are infected with mistletoe disease, the trees are stunted in growth, as well, the fir trees are infected with root rot. Our plan is to heal the Village Island forest to its original state. We have worked with BCTS and their engineering contractor to layout cut blocks on the island. BC Timber Sales is beginning to build the log dump on the north side of Village Island; the layout work is complete. We plan to grow trees to benefit the next generations of Mamalilikulla members in the future.

Village Island has only one private lot owner and that is Island Timberlands. The lot is located on the border of the reserve lands and the planned harvest area. Our forestry committee has discussed how the Nation should proceed in the future to possibly acquire this lot. We will continue to update everyone as we build up our revenue bank for the benefit of the Nation in the long term. Forestry does provide in-kind funds at this important time, as the Chief and Council make important land use decisions for the future.



Joke for the Month

Why did summer catch autumn?



Because autumn is fall!



First Nations Health Authority
Health through wellness

From Lateral Violence to Lateral Kindness Workshop (LV2LK)

The FNHA Mental Health and Wellness Hub Team for Kwakwaka'wakw communities is pleased to announce an invitation to attend Lateral Violence to Lateral Kindness (LV2LK) Training to be held on the following dates:

September 30th and October 1st, 2019 from 9:00 am to 4:00 pm at the North Island Mall Facility, Port Hardy BC

This training is structured as a **two (2) day** workshop. Participants will have the opportunity to explore the following:

- What is lateral violence? What are the impacts and why does it continue?
- Three landmarks on the journey from Lateral Violence to Lateral Kindness, including Assertive Communication, Conflict Management, and Ethical Use of Power
- The 5W's of Threats to a Healthy Workplace (who, what, where, when, why)
- The process of self-reflection in relation to workplace relationships
- To identify their own conflict-handling styles and skill deficits

The training is highly interactive, using small group format to ensure a safe learning environment and individualized care and attention. It also includes hand-outs for you to take away from the workshop.

***Cultural supports will also be available.**

Shuttle Bus will be provided each morning at 7:45am departing from Kwaililas Hotel to take participants to the North Island Mall and will pick up at 4:30 daily for return to the Kwaililas Hotel.

Breakfast served at 8am at this event.

Course fees are covered by the FNHA. All travel, accommodation, and dinner expenses will be the responsibility of the participant.

After the 2 days, participants will:

- Have a working definition of Lateral Violence, including causes and effects
- Have a plan for moving forward on the journey to Lateral Kindness

Who Should Attend

- Individuals with a health or social-related support role in community.
- Individuals who are committed to bringing their learning back to community with a plan on how to reduce lateral violence in the community.

Selection Process and Criteria

We are able to offer limited seats for this first training session, and request that you are able to understand and agree to the following criteria:

1. Commitment to attend 2 days of the full time training
2. Gain the support and sign off from your direct supervisor
3. Capacity and commitment to take this learning home and put it into action.
4. Completed application form submitted prior to deadline (see below)

Although participation in the two (2) day event is demanding, it is fair to state that the work is personally and professionally rewarding, allowing successful candidates to support meaningful change in their community.

**THE DEADLINE FOR APPLICATION IS: September 13th,
2019**

**Your trainers will be: FNHA MH&W Hub Team and Mamalilikulla FN
Facilitator**

Hannah Watler



Beryl Parke



Nola Latimer



Edna Puglas





First Nations Health Authority
Health through wellness

APPLICATION FORM

Course Title: **From Lateral Violence to Lateral Kindness**

Dates: September 30th & October 1st, 2019 from 8:00 am to 4:30 pm daily (breakfast and lunch will be provided, as well as morning and afternoon snacks and beverages)

Location: North Island Mall Port Hardy BC

Name: _____

Community: _____ Role: _____

Email: _____ Tel: _____

Dietary restrictions: _____

Support for Application

A reminder that attending this training involves several criteria:

- Commitment to attend two full days of the full time training
- The support and sign off from your direct supervisor
- Capacity and commitment to supporting ending Lateral Violence in your community
- A statement of your commitment and why you are a good candidate for the training.

Candidate Interest:

I am interested in taking and facilitating the Lateral Kindness training because:

_____ In order to attend this

course, the support of a Supervisor is required.

Supervisor Printed Name: _____

Supervisor Signature: _____

For additional information and to submit your application to attend the training, please contact:
Nola Latimer at FNHA: nola.latimer@fnha.ca

EMAIL COMPLETED FORM TO: nola.latimer@fnha.ca or Fax to: 250-286-5872

30x30 Active Challenge



**We invite all Indigenous peoples across BC
to join us in our 30x30 Active Challenge
during the month of September!**

HOW?

- Commit to doing 30 minutes of physical activity each day during the month of September (30 days)
- Get your friends and family to take up the challenge
- Read our social media posts / share your experience with us using our hashtags / win prizes throughout the month
- To register: <http://bit.ly/30x30ActiveChallenge>

WHY?

- Being active and trying new activities is fun!
- Being active helps maintain health and fitness over time
- Being active increases your energy and enhances mental well-being



Nations Health Authority
Health through wellness

#FNHAWellness

#30x30ActiveChallengeFNHA

#BeActiveFNHA



RENTSMART CERTIFICATE COURSE

Through the *RentSmart Certificate* Course, you will learn:

- How to plan for housing,
- Identify what landlords look for in choosing a tenant,
- Improve your chances for getting the housing you need, and
- Learn how to improve your rental references and how to improve your credit rating.

At the completion of the course you will receive a *RentSmart Certificate* which lets landlords know you are serious about being a responsible tenant.



DATES:

September

17th – 9am-12pm

18th – 9am-12pm

19th – 9-3pm

2019

LOCATION:

1211 Cypress St.

Campbell River

Call

250.286.3455

To Register

Free for
Participants

~

*Gain a Rental
Reference*



Kwunatsustul

HOLDING HANDS, STANDING TOGETHER

Kwunatsustul Trauma Program (3 weeks)

For Colleagues and Elders - Monday Oct 7—Thursday Oct 24

Addresses issues associated with:

- ◆ Trauma
 - ◆ Abuse: mental, physical, emotional & sexual
 - ◆ Relationship Issues
 - ◆ Grief & Loss
 - ◆ Residential School
 - ◆ Intergenerational Effects
 - ◆ Coping Skills
 - ◆ Burnout, Depression, Self Care
-

Tsow-Tun Le Lum programs provide healing through:

Culture & Ceremony and

Holistic, state-of-the-art Therapeutic Programs

This 3-week residential program is intended for

- Aboriginal participants who are Elders, or working in the field (i.e. community counsellor, therapist, etc.) and who have
- abstained from the use of alcohol and drugs for 6 months or longer

FUNDED by FIRST NATIONS HEALTH AUTHORITY

To apply please contact Tsow-Tun Le Lum

250.390.3123

info@tsowtunlelum.org



Gwabalis Fisheries LP

Fish safe BC Training, Port Hardy, BC

**October 15-18th 2019(4-day course):
Small Vessel Operators Proficiency (SVOP)**

**October 21, 2019 – Monday (1-day course):
Marine Emergency Duties (MED A3)**

**October 22-24 (3-day course):
Stability Education program**

**October 25, 2019 – Friday (1-day course):
Marine Radio Operators course (ROC-M)**

FOR MORE INFORMATION AND TO SIGN UP CONTACT:

Gwabalis Fisheries Society: speterson@gwabalis.ca

Shawn Peterson Office: 250-949-6245 ext.134 Mobile: 250-230-2534

Training will take place in Port Hardy @ North Island Mall 9250 Trustee Road –

Room #102

located at the main front entrance

Lunch and snacks and coffee will be provided

Classes are 8:30 am to 4 pm. 2x15min breaks 1hr lunch

Please note, limited seats available