



# Mamalilikulla First Nation Newsletter

February  
2018

MAMALILIKULLA FIRST NATION STATEMENT: Working together to build a strong, proud and healthy Mamalilikulla community

## Mamalilikulla First Nation Vision

Our vision for the future is to serve our community with respect, fairness, transparency, and accountability promoting equality, prosperity and well-being while engaging and supporting our people; honoring our past, present and future generations and creating an opportunity for a strong, self-sufficient sovereign Mamalilikulla Nation.

*Mamalilikulla First Nation would like to wish everybody a happy Valentines day!*

## Elders Fundraiser Super Bowl Squares Winners

1st quarter - Erica Roberts

2nd quarter - David Mountain

3rd quarter - Ernie/ Edna Puglas

Final score - Sharon Marshall

CONGRATS to all our winners! We have raised \$525 for our elders this time! (Thank you, Edna Puglas, for donating \$25 back)

Our next fundraiser for our elders will be for \$1000, please stay tuned for details!



## Annual General Meeting

Information about our Annual General Meeting that is coming up March 3<sup>rd</sup>, 2018

Page 2



## CCP/Governance Workshops - Series II

Our second series of the CCP/Governance Workshops during this pre-planning phase went very well.

Page 3

# ANNUAL GENERAL MEETING

Saturday, March 3rd, 2018



Coast Bastion Hotel

11 Bastion Street

Nanaimo, BC

1 pm

## Annual General Meeting Transportation Information

The Chief and Council are trying to arrange transportation for our band members to attend the one-day event. The transportation would entail pick up from the following communities and return the same day;

**Port Hardy and Port McNeil to Nanaimo** – pick up and return the same day

**Campbell River to Nanaimo** – pick up and return the same day

**Victoria to Nanaimo** – pick up and return the same day

**Vancouver** – pick up at Departure Bay and Duke Point terminals – return to terminals the same day

To accommodate adequate transportation, we will need our band members to pre-register with the band office by February 23<sup>rd</sup>, 2018. We will use the registration numbers to arrange for the appropriate size vehicle. If you do not register, we cannot guarantee you a ride.

You can register by calling the office at 250 287 2955 or toll-free at 1 888 287 2955 or via email at [admin@mamalilikulla.ca](mailto:admin@mamalilikulla.ca)

***This is the only form of travel that will be supported by the band. Any members attending in their own vehicles, do so at their own expense.***



## CCP/Governance Workshops - Series II

Our second series of the CCP/Governance Workshops during this pre-planning phase went very well. We had held workshops in Nanaimo, Victoria and Vancouver and were scheduled to travel to Alert Bay on January 23<sup>rd</sup>, when the island received a tsunami warning at around 2:00 in the morning. So that threw a monkey wrench into our plans. Even though they had cancelled the warning a few hours later, we decided the weather was too stormy for us to make the trip, so we cancelled our trips to Alert Bay and Port Hardy. Instead, we decided to move forward with creating our first survey.

Using all the categories discussed in the CCP workshops, we prepared a survey asking the exact same questions about what the membership considers priorities. We decided to add an incentive to complete the survey and purchased a beautiful 50" 4K TV, valued at \$850.00 to give away as a grand prize for the winning survey entry. The surveys were mailed out to the whole membership and we chose to mail out this first survey, as we are still missing many, many email addresses, in order to offer the survey online. It made more sense to just send the survey in the mail.

And so, if you have attended our workshops, you will have already had some input into what you believe should be priorities for Chief and Council to move forward with. And we thank you for participating. And you are encouraged to fill out the survey. There is room to add your comments, so please, even if you have attended one or more of our workshops, please also answer the survey. The more information we have, the more equipped we will be to make those priorities a reality. We want to get crystal clear about what you consider to be the priorities that you think we should be working on.

And so, getting back to the workshops, here is a snapshot of the most commonly repeated messages we received from workshop participants:



### Infrastructure

- *"Need a reserve before we can have any infrastructure – top priority."*
- *"Housing – outside Campbell River would be the ideal location, as there is infrastructure and employment opportunities there."*
- *"Need land base for affordable housing for members and to start to create infrastructure."*
- *"Need to see where members want the land base, as urbanized members might not want to move back to Village or Compton Island (more expensive for infrastructure)."*

### Culture

- *"Video tape our Elders – stories, language, family history, alphabet, etc."*
- *"Have a Mamalilikulla Cultural day in the Campbell River Big House."*

### Education

- *"We need more students, as we have the funding."*
- *"Provide Life Skills programs."*

### Employment

- *"Provide a list of trainings and/or schooling that members would need to prepare them to work for the Band in the future (i.e. health, tourism, etc.)"*
- *"The future for this Band is in tourism, which will create jobs."*

### Health

- *"Need support for the disabled – physically or mentally challenged."*
- *"Need a dedicated person for health issues for members."*

A complete listing of all the categories will be provided to you at the Annual General Meeting on March 3, 2018 at the Coast Bastion Hotel in Nanaimo. The meeting starts at 1:00 pm. We're still arranging transportation. If you haven't done so yet, please contact Sonia at the Band office to register for the meeting and for transportation.





# Mamalilikulla First Nation

---

1441 B 16<sup>th</sup> Avenue, Campbell River BC V9W 2E4  
(ph) 250-287-2955 (fax) 250-287-4655 toll free 1-888-287-2955  
[community.planner@mamalilikulla.ca](mailto:community.planner@mamalilikulla.ca)

## COMPREHENSIVE COMMUNITY PLANNING (CCP) Community Advisory Committee

Mamalilikulla First Nation is in the Pre-Planning Stage of the Comprehensive Community Plan, using the plan as a guide or road map to get the community to their best possible future. A CCP brings together all other plans and is created for the community, by the community, involving everyone from families to children to Elders.

In order to involve the many hands and voices of Mamalilikulla, a Community Advisory Committee is being formed to support the planning and implementation of a Comprehensive Community Plan. The Committee will be an opportunity for you to share your ideas, learn more about the CCP, be a leader in your community and help guide the planning process from the Pre-planning stage that we are now in, until completion of the actual CCP document.

### TERMS OF REFERENCE

The Community Advisory Committee will play a significant role in finalizing, implementing and evaluating the Comprehensive Community Plan by:

- Making sure Mamalilikulla culture is honoured throughout the process
  - Ensuring the process and the final document is culturally sensitive and respectful
- The Committee will lead the process and continue to value community input and participation
  - Ensuring the process is relevant and inclusive
- The Committee will continue to oversee the process
  - Ensuring the process has an agenda; keep an agenda, report out the results

### **Who We're Looking For...**

- ✓ Mamalilikulla community members in Campbell River, Port Hardy and Vancouver of all ages; preferably a youth or young adult and an Elder from each of these communities
- ✓ Those wanting to volunteer in the community
- ✓ Those wanting to share their ideas and energy

### **Roles & Responsibilities...**

- Work with the CCP Coordinator, Band Administrator and Band Council
- Organize and take part in regular meetings
- Ready to bring new and fun ideas to the rest of the committee
- Advise on CCP strategies, events and activities
- Be willing to share gifts, skills and interests
- Share knowledge and respect for Mamalilikulla culture, beliefs, values and language

If you are interested in being a part of the CCP Community Advisory Committee, please contact:

Sharon Marshall, CCP Coordinator  
T: 1.888.287.2955  
E: [community.planner@mamalilikulla.ca](mailto:community.planner@mamalilikulla.ca)  
Gila'kasla!



## Mamalilikulla First Nation CCP Logo Contest

**Calling all band members, artists, and descendants.**  
Mamalilikulla First Nation (MFN) is seeking a unique design that will represent our Comprehensive Community Planning (CCP) process and be our mark of our long-term success moving into the future.

### What is CCP?

Comprehensive Community Planning is a process that engages all community members in planning and implanting the long-term vision of their community. It includes the development of objectives, goals, and a plan of action to work towards fulfilling the vision. It can also include the development of mission, vision, and values statements if they haven't already been developed.

### Logo Contest Rules:

- Contest is open to all band members, artists, and descendants of Mamalilikulla First Nation
- Contestants may submit ONE original entry
- Entries may be done by free-hand in marker, ink, acrylic or by computer. Logo must be printer ready
- Each entry should be submitted in TWO formats; one in colour and one in black and white/greyscale
- The logo should not carry the name of the artist. The design of the logo must be original
- The designer is responsible for proving its authenticity, should any complaints arise due to similarities, likeness or comparison of the designs
- MFN reserves the right to disqualify any entry based on perceived violations of intellectual property rights
- All designs submitted for entry shall be considered as property of MFN and as such, MFN further reserves the right whether to use the winning or non-winning logos
- The winning entry will be used as the official logo for MFN CCP correspondence and promotional materials

## The winner will receive \$500

**Submission Deadline:** March 31<sup>st</sup>, 2018 at 4 PM

**Submissions are to be sent to:**

Sara Puglas

Communications Coordinator

1441B 16<sup>th</sup> Avenue

Campbell River, BC, V9W 2E4

Phone: 250 287 2955

Email: [communications@mamalilikulla.ca](mailto:communications@mamalilikulla.ca)

# Governance Information - Membership/Elections

In January we hosted four Governance/CCP community meetings in the following areas:

- Nanaimo – January 10<sup>th</sup>, 2018
- Victoria – January 12<sup>th</sup>, 2018
- Vancouver – January 15<sup>th</sup>, 2018
- Campbell River – January 26<sup>th</sup>, 2018

Unfortunately, the meetings in Port Hardy and Alert Bay were cancelled due to weather. We did send out a survey to all members on February 5<sup>th</sup>, 2018 to receive information from members who have attended the meetings as well as members that haven't had the chance to come out to a meeting. The survey is the same format and contains the same questions that the members were asked at these community meetings. We also added a \$850, 50" 4K TV as an incentive to complete the survey!

From this second set of meetings the following were found to be the priorities put forward by the membership:

## Governance

- 1) Create an Election Code
- 2) Membership Policies
- 3) Elders and/or Youth Council

## Membership

- 1) Mamalilikulla descendants only
- 2) For financial and administrative purposes not feasible to take over our own membership from INAC but can make policies for Chief & Council to follow
- 3) Membership needs to decide the rules for becoming a Mamalilikulla member

## Elections

- 1) Only Mamalilikulla Band members can run for Chief & Council
- 2) Staggered Elections – elections every 2 years
- 3) Four-year term for office

These priorities will be a part of the draft Election Code and Membership Policies that I will be preparing for Chief & Council to review by the end of March 2018. Therefore, all the input that we receive from members is so important as it acts as a guide to govern the Mamalilikulla Band in a transparent and accountable way.

Thank you for taking the time to have your voice heard and be a part of positive change for your First Nation!

## Post-Secondary

Mamalilikulla First Nation (MFN) provides post-secondary education funding for both part-time and full-time students. Both receive funding for tuition, books and supplies. Full-time students also receive a living allowance.

To receive funding, band members must be approved through the annual application process. Students must submit a post-secondary funding application package to the Band Administrator by April 30th of each year. By August 20th, you must provide the Band with a letter of acceptance for registration or, in the case of continuing students, a document from the school indicating promotion or approval to continue studies.

The MFN post-secondary policies and guidelines state that to be eligible for post-secondary funding, an applicant must be:

- A registered member of the Mamalilikulla First Nation
- A resident of Canada for the last 12 months, and
- registered in an accredited post-secondary institution in a program of study that
  - Is at least one academic year in length
  - Has grade 12 or equivalent as a prerequisite for admission, and
  - Leads to a certificate, diploma or degree

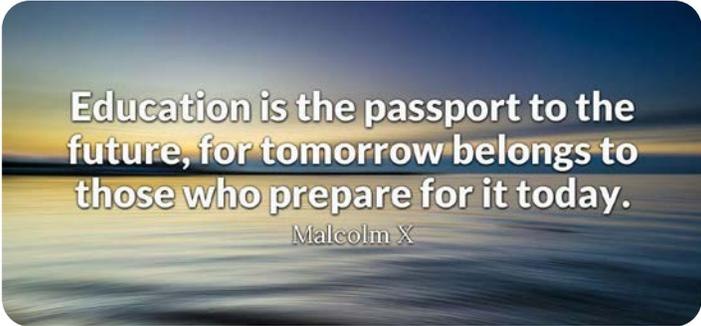
For more information please visit our website at [www.mamalilikulla.ca](http://www.mamalilikulla.ca) or please contact our Band Administrator at:

email [admin@mamalilikulla.ca](mailto:admin@mamalilikulla.ca)

phone 250-287-2955

toll free 1-888-287-2955

fax 250-287-4655



Education is the passport to the  
future, for tomorrow belongs to  
those who prepare for it today.

Malcolm X

# First Nation Health Authority Information

The FNHA Health Benefits program currently includes coverage for:

- Dental
- Medical Supplies & Equipment
- Medical Transportation
- Mental Health - Crisis Intervention (Short Term)
- MSP - BC Medical Service Plan (CareCard)
- Pharmacy
- Vision Care

## Contact information for your Health Benefits Program

### General Questions/Benefits Support Representative

Toll-Free: 1.855.550.5454

Monday – Friday 8:00 am – 8:00 pm,

Saturday and Sunday 8:00 am – 4:00 pm

Email: [HealthBenefits@fnha.ca](mailto:HealthBenefits@fnha.ca)

### Dental Claims

Toll-Free: 1.888.321.5003

Fax: 604.666.5815

### Medical Claims

Toll-Free: 1.800.317.7878

Fax: 1.888.299.9222

### In-person Inquiries

1166 Alberni Street (near  
Thurlow Street)

Room 701, Vancouver BC



### Short Term Crisis Intervention Mental Health Counselling

Fax: (604) 666-6458

### Indian Residential School Resolution Health Support Program (IRS RHSP)

Fax: (604) 658-2833

### Indian Residential School Survivors Society Support Line

1.866.925.4419 (Open 24-hours a day, 7 days a week)

### Indian and Residential School Mental Health Support Program

Toll-Free: 1.877.477.0775



## First Nation Health Coverage Information

As coverage of our health care is always changing, whether it be changing agencies or physicians, it is important to remember the following when making an appointment:

- Self-identify as a person of First nations ancestry with First Nation coverage
- Ask if they do pre-approvals for coverage
- State that you are not interested in paying now and applying to get reimbursed later
- Ask friends and family who they go to for their dental or glasses, sometimes word of mouth is best
- If you are still having troubles, please call the band office and we will try our best and assist you to find a practitioner that is "First Nation friendly"

# Jordan's Principle

## WHAT IS JORDAN'S PRINCIPLE?

Jordan's Principle is meant to prevent First Nation children from being denied essential services or expecting delays in receiving them. Jordan's Principle:

- Applies to all First Nation children
- Involves all jurisdictional disputes, between federal departments or between federal and provincial governments
- Provides payment for needed services by the government or departments that first receives the request

To support Jordan's Principle, the Government of Canada is working to:

1. Resolve situations where governments and departments cannot agree about who should pay for services and supports to meet the needs of a First Nation child
2. Cover the costs for health and social services and supports for First Nation children in situations when a First Nations child does not have access to a publicly funded program usually available to other children
3. Facilitate access to all services and supports for all First Nation children without delay or disruption

The Government of Canada's approach to supporting Jordan's Principle includes proactive measures to help prevent any delay in accessing needed services by First Nations children.

## JORDAN'S STORY

Jordan River Anderson was a five-year-old First Nations child from Norway House First Nation in Manitoba, born with a rare disorder that required hospitalization from birth. After spending the first two years of his life in a hospital, doctors felt like he could return home. However, the federal and provincial government could not resolve who was financially responsible for the necessary home care in order for Jordan to return to his family in his home community 800 kilometers north of Winnipeg.

After spending over two years in the hospital without cause while governments disputed who should pay for his at-home care, Jordan died in a hospital in 2005. On December 12, 2007, the House of Commons supported a motion focused on adopting an approach that addresses

First Nation children's needs first, it was called Jordan's Principle.

## WHAT IS COVERED?

Examples of health services that may be considered under Jordan's Principle include:

*Home support and personal care; in-home nursing care; in-home respite; client assessment; care management; physiotherapy; occupational therapy; speech language therapy; in-home palliative care services for children; and certain nutritional supplements*

Social services that may also be considered under Jordan's Principle includes:

*Meal programs; meal planning and preparation for children with special dietary needs; day programs for children; attendant care services; group care and non-medical transportation; and minor home maintenance related to accessibility (levered door handles instead of knobs; support rails in bathrooms)*

## HOW IS JORDAN'S PRINCIPLE BEING APPLIED IN BRITISH COLUMBIA?

The First Nations Health Authority (FNHA) is responsible for administering Jordan's Principle resources in BC. This approach is not intended to limit or relieve the federal government of its fiduciary responsibilities to First Nations in BC.

Key elements of the FNHA's approach to case coordination will include:

- FNHA will serve all First Nations, regardless of residence
- Case coordinators will assess needs; facilitate early intervention; develop integrated care plans; connect the child and the family to needed services; remove the stress of navigating service systems; support families as they manage their needs; and involve relevant partners in each case, as necessary, to expediently address immediate service gaps

## WHAT IS DIFFERENT ABOUT JORDAN'S PRINCIPLE IN BC?

Through high-level agreements and many years of working closely with federal and provincial governments, the FNHA has built a strong foundation to address

systemic barriers and health inequities for BC First Nations.

Many jurisdictional barriers that persist elsewhere across Canada are being addressed in BC. In 2006, the Province of BC confirmed that it has responsibility for providing health services to all residents of BC, including First Nations. Additionally, committees, such as the Committee of First Nations Health and the Implementation Committee, work in direct partnership with FNHA to advance progress on issues like Jordan's Principles here in BC.

### WHO IS ELIGIBLE?

All First Nations children 0-19 with an identified need for a publicly funded health or social service or support are eligible, regardless of their health or social status, or place of residency (on and off reserve)

To report a case of Jordan's Principle or request supports from the Jordan's Principle Child-First Initiative in BC or for more information, please contact:

Jordan's Principle Implementation  
First Nations Health Benefits  
1 866 913 0033  
[Jordans.principle@fnha.ca](mailto:Jordans.principle@fnha.ca)

### WHO TO CONTACT TO MAKE A REQUEST FOR JORDAN'S PRINCIPLE FUNDING?

Desiree Holmes is the Child and Youth Systems Navigator for Vancouver Island. In her role, she is responsible for preparing all intakes for children and youth as well as project/group requests from agencies, Nations and organizations. ***If you have any questions about Jordan's principle or want to make a request for funding, please contact Desiree.***

Email: [Desiree.Holmes@fnha.ca](mailto:Desiree.Holmes@fnha.ca)  
Office: 250 360 3467 Cell: 250 637 1070

### WHO CAN MAKE A REQUEST?

- If a First Nations child aged 0-19 years needs access to products/services (such as psycho-educational assessments, wheelchair ramps, therapists etc.) with status or is eligible for status
- If an Aboriginal agency, Nation, organization needs funds for a service/program (such as Occupational Therapist, Early Childhood Educators, Therapist position, youth groups, culture groups etc.)
- Examples of some health services that may be considered under Jordan's Principle include:

- Home support and personal care; in-home nursing care; in-home respite; client assessment; case management; physiotherapy; occupational therapy; speech language therapy; in-home palliative care services for children; and certain nutritional supplements.

### WHO CAN MAKE A REQUEST?

- Individual requests: You can make a request for products/services on behalf on a First Nation child if you are:
  - A First Nations child above 16 years of age; or
  - A parent/guardian/family member of a First Nations child
  - A community/support worker working with a First Nations child/family
- Project/Group requests: You can make a request for services/programs on behalf of your organization/Nation/agency if you are:
  - A team leader/manager of service delivery or employee working in collaboration with the team leader/manager
  - An organizer of the program/group you are requesting funds for

### WHAT INFORMATION IS NEEDED TO MAKE A REQUEST?

#### Individual requests:

- Child's name, date of birth, address and status card # (Must be Status or eligible for Status)
- Information on the type of service being requested (chiropractor, counsellor, speech therapist, occupational therapist, etc.) with supporting documents (doctor's notes/referral, letters, receipts, invoices, etc.)
- Information regarding what requests have been made through other sources and proof (such as denial of funds letter)
- Estimated costs

#### Project/Group requests:

- Organization/Nation/Agency must provide information of the need of the project/group they are wanting to create (such as the current waitlist of the service in their area)
- Documentation indicating the Organization/Nation/Agency were unsuccessful receiving funds from other sources
- Cost breakdown/budget (wages of new position, program/materials, training lease, food, honorariums etc.)

## Language Groups

### Kwakwala Language (Victoria)

1128 Wychbury Ave

Tuesdays at 7pm

Open for everyone at every level!

For more information please call Randy at 250 704 6777

### Kwakwaka'wakw Culture Nights (Victoria)

950 Kings Rd. (CDI College Gym)

Fridays 6pm-8pm (Every second week)

For more information please call Seneca at 250 508 8173

### Bakuemgyala Language Group (Campbell River)

Old Kwanwatsi preschool (Behind the Big House/Gukwdzi)

Tuesdays 6:30pm

Everybody is welcome!

Please contact the band office if you know of anything that we might have missed!



Don't forget to check us out on Facebook at **Mamalilikulla First Nation** for daily updates, job postings, and helpful information!



Also, don't forget to check out our website for health forms, education forms, and updates about what is going on in the office! [www.mamalilikulla.ca](http://www.mamalilikulla.ca)

Mamalilikulla First Nation  
1441B 16<sup>th</sup> Avenue,  
Campbell River BC  
V9W 2E4

Phone: 250 287 2955  
Fax: 250 287 4655  
Toll Free: 1 888 287 2955  
Email: [viband@telus.net](mailto:viband@telus.net)

## Kwak'wala

### Word of the Month!

### Gukwdzi

[gukw] (dzi)

English translation: Big House

## On the lighter side...

Why is lettuce the most loving vegetable?



A. Because its all heart

What did one volcano say to the other?



A. I lava you

Why did the banana go out with the prune?



A. Because it couldn't get a date

