

Inter Tribal Health Authority



534 Centre Street, Nanaimo, BC V0R 4Z3
Tel: 250.753.3000 Fax: 250.753.5224
Email: Info@ITHA.ca

Chief and Council
Mamalilikulla
1441A Old Island Highway
Campbell River, BC V9W 2E4

October 26, 2017

Re: Crisis Intervention Counseling through FNHB

Dear Chief & Council

We have heard from many of our Member Nation that mental services are a priority for our people. We want to ensure that all of our community members have the information they need in order to access crisis mental health services.

Here are the steps for accessing the services:

- If your community is covered by a contribution agreement your Band office will have the information about accessing services if you live on reserve in your Nation.
- If you are not covered by a contribution agreement, contact one of the registered mental health providers on the attached list.
- Make an appointment with the mental health provider for an initial assessment.
- The mental health provider requests prior approval from the ITHA Health Benefits for your initial assessment.
- At your initial assessment, the mental health provider will determine if you are at risk or in crisis.
- If you are at risk or in crisis then the mental health provider develops a treatment plan for you and forwards the treatment plan to ITHA for approval and ITHA informs the mental health provider how many sessions are approved as part of your treatment plan.
- You and your mental health provider complete the treatment plan.
- You sign the invoice form created by the mental health provider, who then forwards the form to the ITHA for payment.

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We really want our people to be able to access the mental health services they feel they need.

If you need more information please call our office so that our team can help.

Huych'qa,

Trish Cassidy
Executive Director
Inter Tribal Health Authority

Cc: Health Director
Band Manager

Transformation to Better Health

FNHA (First Nations Health Authority) Approved Counsellors

CAMPBELL RIVER

| Name | Address | Phone |
|----------------|-----------------------------------|--------------------------------|
| BROADHURST | TREVOR 619 Birch Street | Campbell River 250-204-2652 |
| BUELL | AZIMA 625B - 11th Avenue | Campbell River 250-287-8832 |
| CHANT | RODERICK 220-1260 Shoppers Row | Campbell River 250-202-0891 |
| HARTFORD | GARY 302-909 Island Hwy | Campbell River 250-203-7898 |
| PATERSON | MARIAN 868 Simcoe Street | Campbell River 250-204-1307 |
| PINSONNEAULT * | KATE 625D - 11th Avenue | Campbell River 250-287-3325 |
| PRINCE * | MARIAN 625D - 11th Avenue | Campbell River 250-287-3325 |
| SIMPSON | HEATHER 202-911 Island Hwy | Campbell River 250-202-7699 |
| TREGO | HAZEL #49-251 McPhedran Road | Campbell River 250-203-1720 |
| TYRER | WENDY 482 Pinecrest Road | Campbell River 250-830-3285 |
| | | |

FNHA (First Nations Health Authority) Approved Counsellors

COURTENAY-COMOX

| Name | Address | Phone |
|---------------|--------------------------------|--------------|
| BRADFIELD * | 2426 -1B Rosewall Crescent | 250-703-1558 |
| DILKS (EGELI) | 325A 11th Street | 250-338-0311 |
| GRUNBERG | 206-156 Manor Drive | 250-871-0661 |
| LAMBRECHT | 448 10th Street | 250-898-9847 |
| LANG | Suite D-2425 Rosewall Crescent | 250-897-0254 |
| LAVAL | 2425D Rosewall Crescent | 250-702-9129 |
| OWEN | 325A 11th Street | 250-338-0311 |
| PATTERSON | 206-156 Manor Drive | 250-871-0661 |
| RUSHFORTH | 825 3rd Street | 250-650-6497 |
| SHEPPARD | 401-2202 Lambert Drive | 250-650-8870 |